

Karate Fighting Techniques: The Complete Kumite

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Kumite "the art of grappling with opponents," as it might be called is the application of kata, and is the key to success in karate tournaments. Karate Fighting Techniques teaches all the various kumite techniques, and presents a systematic approach to applied kumite that is designed to provide essential information for match-style kumite and tournament kumite. Karate Fighting Techniques teaches all the various kumite techniques, and presents a systematic approach to applied kumite that is designed to provide essential information for match-style kumite and tournament kumite. Karate Fighting Techniques: The Complete Kumite by Hirokazu Kanazawa Hirokazu Kanazawa is the renowned karate master in the world today, and a close disciple of Gichin Funakoshi, the father of modern karate and founder of the Shotokan School. Karate Fighting Techniques has 23 ratings and 0 reviews. Hirokazu Kanazawa is the renowned karate master in the world today, and a close disciple of Gich /5(23). Kumite "the art of grappling with opponents," as it might be called is the application of kata, and is the key to success in karate tournaments. Karate Fighting Techniques teaches all the various kumite techniques, and presents a systematic approach to applied kumite that is designed to provide essential information for match-style kumite and tournament kumite.

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